## **Ballymacrickett Primary School Menu 2019**

	Monday	Tuesday	Wednesday	Thursday	Friday
	Vegetable Soup/ Crusty	Pasta Bolognaise	Roast Chicken & Stuffing	Oven Baked Pork Sausages	Salmon Fish Cakes or
Week One	Bread	Seasonal Salad	Carrots/Broccoli/Gravy	Baked Beans	Fish Fingers
W/C:02:09:19	Beef Burger & Bap	Mixed Vegetables	Oven Roast and Mashed	Mashed Potatoes	Peas / Sweetcorn
W/C:30:09:19	Coleslaw/Salad	Mashed Potatoes	Potato		Chips / Mashed Potatoes
W/C: 28.10.19	Chicken Wrap			Chicken curry & Rice	Filled Baguettes
W/C: 25:11:19		Beef Casserole		Naan Bread	
	Frozen Strawberry Mousse		Strawberry Jelly & Fruit	Creamed Rice Pudding	Flakemeal biscuit, Raspberry
	& Fresh Fruit	Fruit Sponge & Custard	Vanilla Ice Cream	Fresh Fruit Salad	Milkshake, Fresh Fruit
	Cottage Pie	Oven Baked Sausages	Roast Gammon/Gravy	Mild Chicken Curry & Rice	Cod Fish Fingers
Week Two	Carrots & Parsnips	Baked Beans	Shredded Cabbage	Naan Bread Or	Peas/Salad/Coleslaw
W/C: 09:09:19	Mashed Potatoes	Mashed Potatoes	Oven Roast and Mashed	Chicken Casserole	Chips/Baked potatoes
W/C: 07:10:19			Potato	Sweetcorn	Or
W/C: 04.11.19	Chicken Wrap	Chicken/Tuna Baguettes		Mashed Potatoes	Chicken Pasta Bake
W/C: 02.12.19					
	Flakemeal Biscuits	Fruit muffin, Fresh Fruit &	Fruit Crumble &	Chocolate sponge &	Yoghurts / Swiss Roll
	Fresh fruit & Milkshake	Milk	Custard	Custard	Fresh Fruit
	Vegetable & Chicken soup	Pasta Bolognaise	Roast Gammon & Stuffing	Chicken fillets, Gravy	Whiting fillet in Crumb Coating
Week Three	Crusty Bread	Medley Mixed Vegetables	Broccoli / Gravy	Sweetcorn/Carrots	Baked Beans
W/C:16:09:19	Hotdogs	Mashed Potatoes	Oven Roast and Mashed	Mashed Potatoes	Chips/Baked potatoes
W/C: 14:10:19	Salad/Coleslaw	Or	Potatoes		
W/C: 11.11:19		Beef Casserole		Chicken curry & Rice	Cheese & Tomato Pizza
W/C: 09:12:19	Chicken/Tuna Baguette				
		Creamed Rice Pudding	Jam & Coconut sponge	Raspberry Jelly &	Arctic Roll
	Frozen Mousse & Fruit/Milk	Fresh Fruit Salad	& Custard	Fruit Cocktail	Fresh Fruit
	Beef Burgers & Gravy	Sweet & Sour Pork	Roast Turkey/Stuffing	Fish fillet Shapes	Chicken Nuggets
Week Four	Carrots	Boiled Rice	Carrots/Broccoli/Gravy	Sweetcorn/Gravy	Beans/Coleslaw
W/C: 23:09:19	Mashed Potatoes	Mixed Vegetables	Oven Roast and Mashed	Mashed Potatoes	Chips/Jacket Potatoes
W/C: 21:10:19	Or	Savoury Minced Beef	Potatoes	Chicken curry & Rice	Or
W/C: 18.11.19	Lasagne/ Salad	Tacos		Naan Bread	Cheese & Tomato Pizza
W/C: 16:12:19	Wheaten Bread		Vanilla Ice Cream/Pears &	Flakemeal Biscuit/Fruit	Swiss Roll / Yoghurts
	Ginger Biscuit & Fruit	Chocolate Sponge & Custard	Chocolate Sauce	Strawberry Milkshake	Fresh Fruit Salad



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Bread, fruit, yoghurt, milk and water are available daily.

If you require any additional information on allergens or special diet please contact the school in the first instance



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