

# The Wonder of My Being

## My Workbook



## Year One

Name \_\_\_\_\_

# Lesson 1 Worksheet

This is me

My name is \_\_\_\_\_

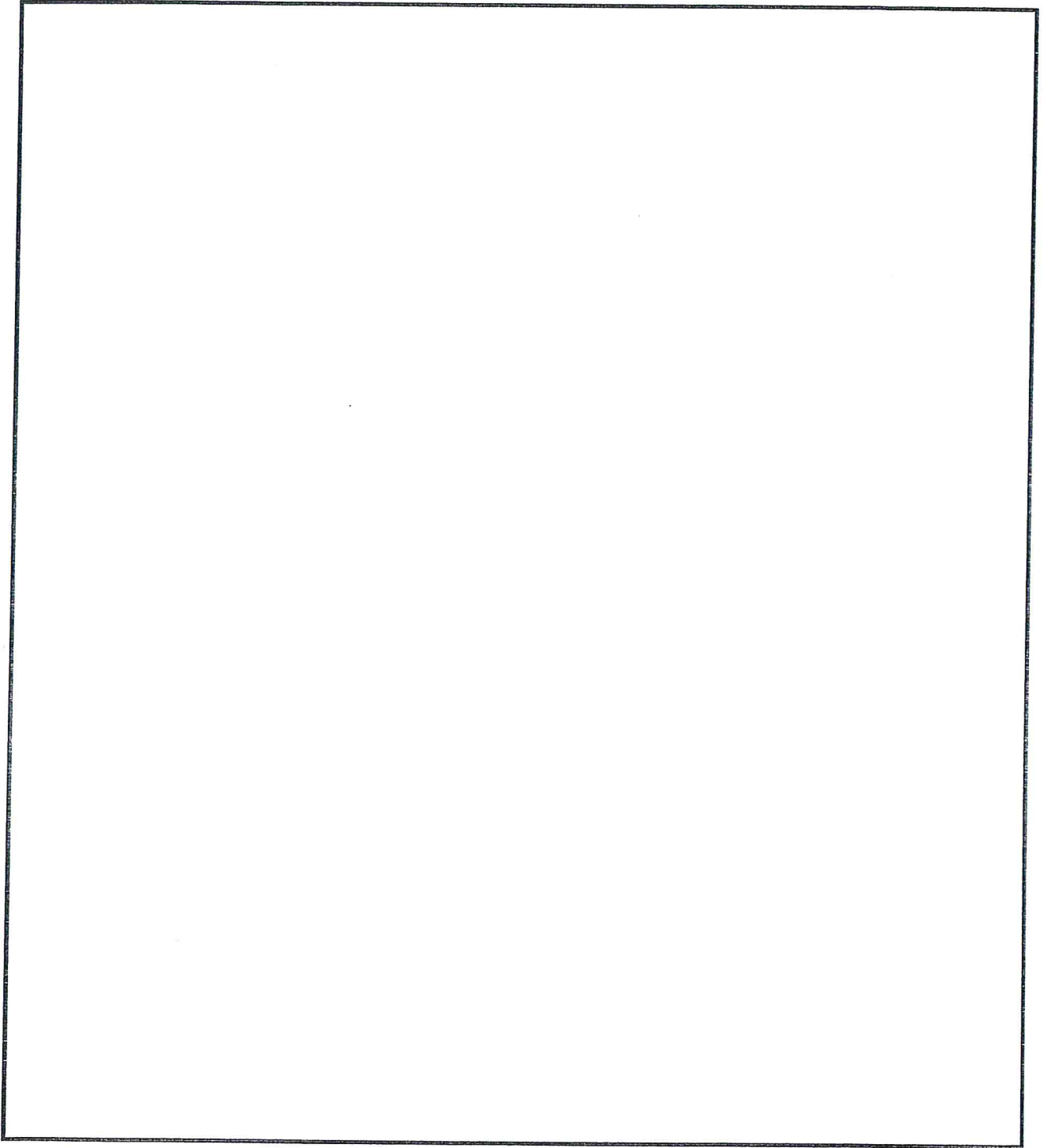
I am a \_\_\_\_\_

## Night Prayer

Prayer: God our Father I come to say  
thank you for your love today.  
Thank you for my family,  
and all the friends you give to me.  
Guard me in the dark of night,  
and in the morning send your light.  
AMEN

## Lesson 2 Worksheet

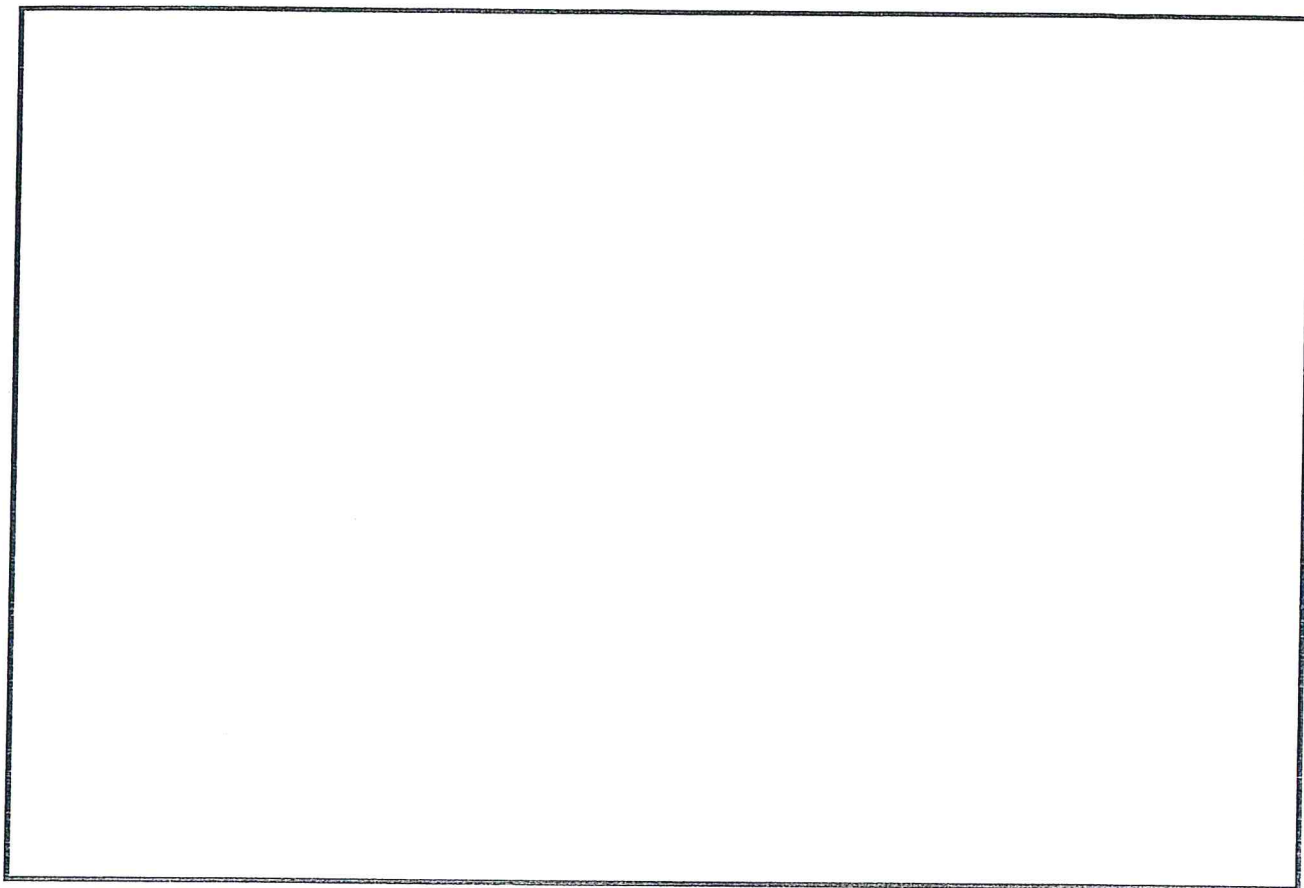
### This is My Family

A large, empty rectangular box with a black border, intended for a drawing or a written response. It occupies the central portion of the worksheet.

Thank you God for my family

## Lesson 3 Worksheet

### My Mummy



My mummy's name is \_\_\_\_\_

I grew for 9 months in my mummy's womb  
before I was born.

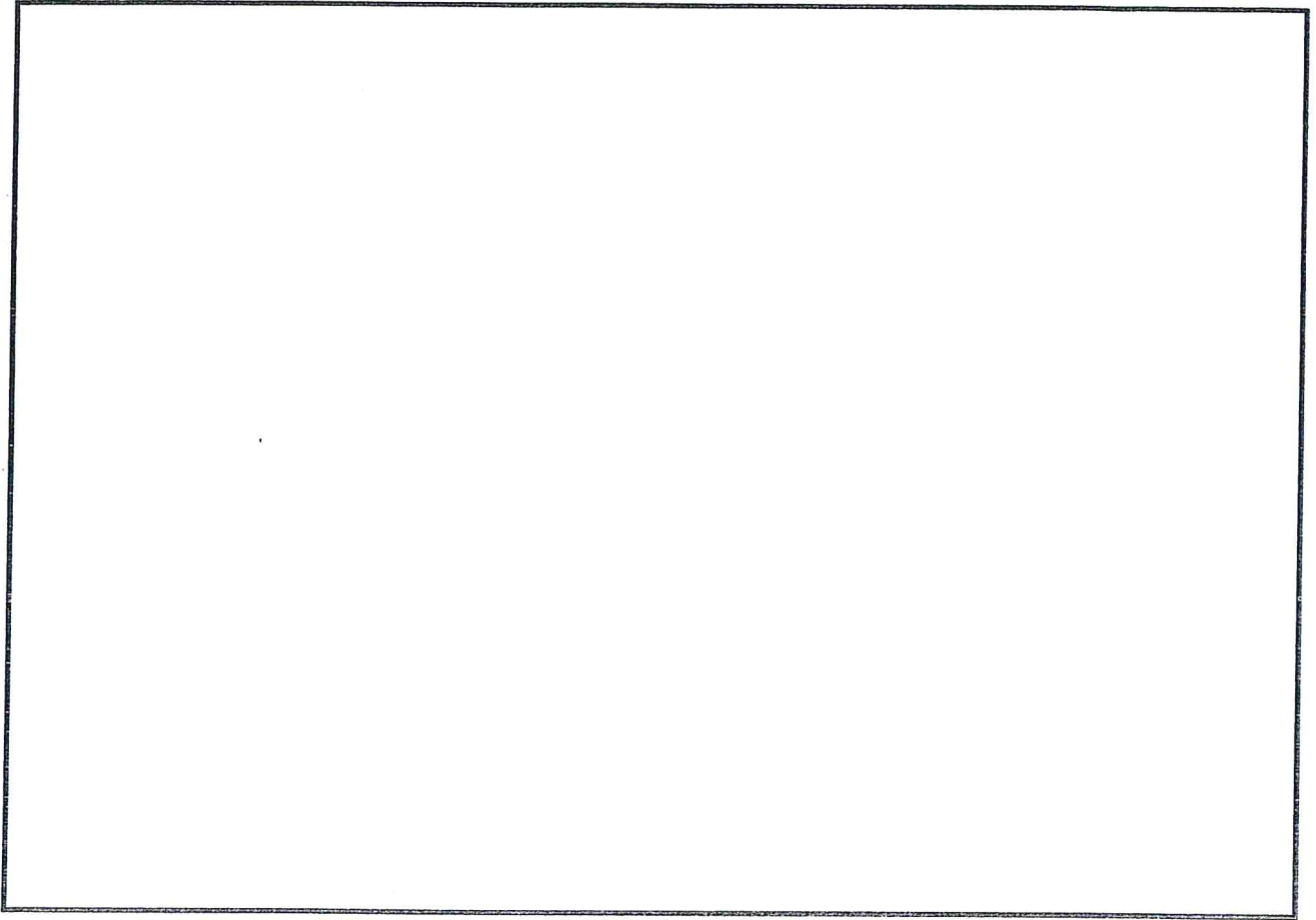
Thank you God for my mummy.

Parents:

Talk to your child about the joy of preparing for  
his/her birth and your gratitude to God for the  
gift of his/her life.

## Lesson 4 Worksheet

### This is the Family of Jesus



The mother of Jesus is \_\_\_\_\_.

Jesus grew for 9 months in Mary's womb until he was born on Christmas Day.

**Say this Prayer with your Child**

Parents:

Thank you God for Jesus,  
is the prayer we say.  
Thank you God for Jesus,  
born on Christmas Day. AMEN

# Lesson 5 Worksheet

## I am Special

I like to \_\_\_\_\_

Parents:

I know I am special.  
Thank you God for my family.  
Thank you God for me.