

# The Wonder of My Being

## My Workbook



## Year Seven

Name \_\_\_\_\_

## Lesson 1 : At Home

### Question Time for a Family Member

When you were in Primary 7:-

1. Who was your favourite pop star?

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2. What was your favourite pop group?

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3. What style of clothes did you wear?

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4. What school did you go to?

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5. What was your favourite TV programme?

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6. What did you want to be when you grew up?

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7. What sort of things did you do with your friends?

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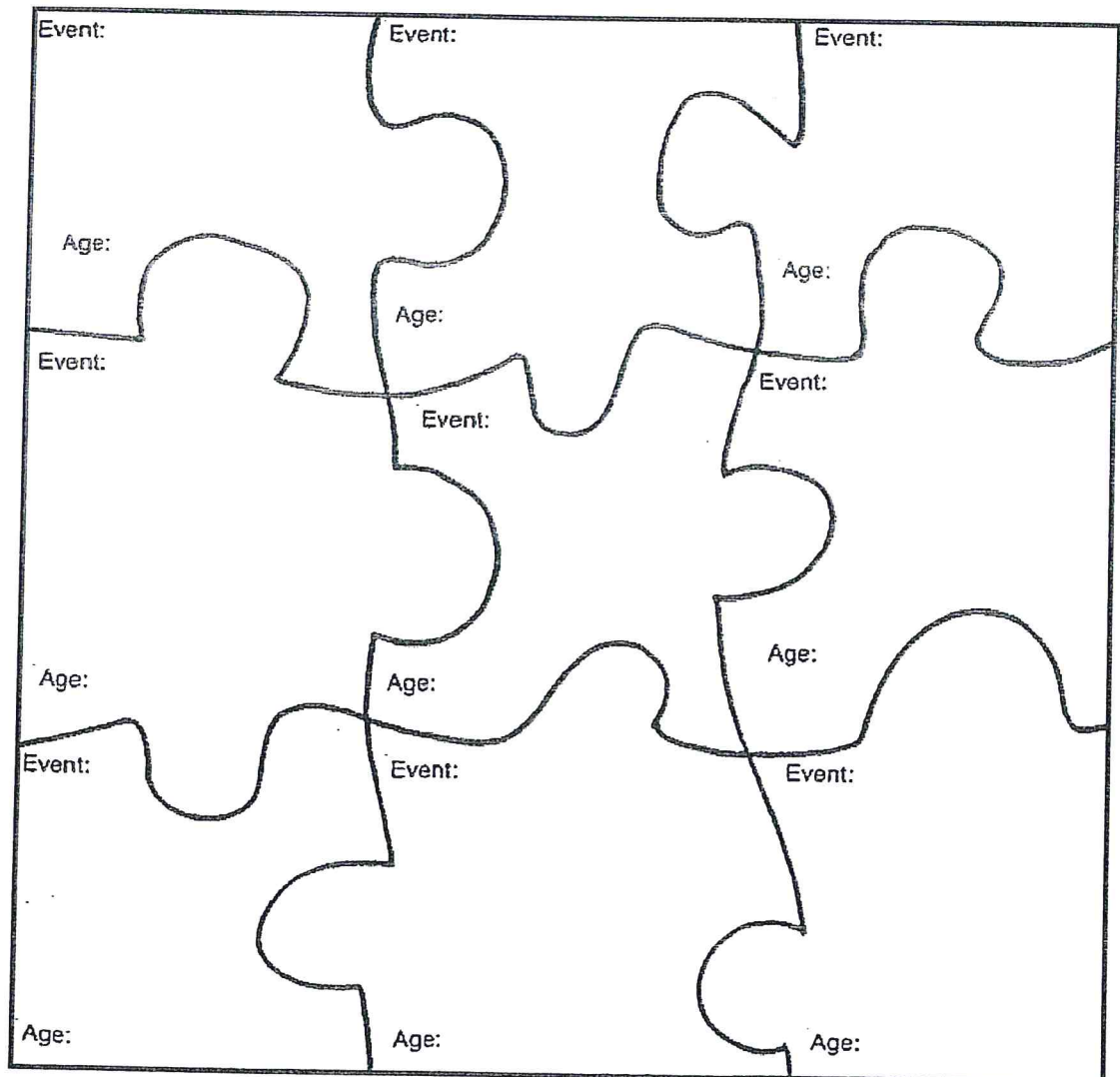
- Now you try three more questions of your own.
- Bring in a Primary 7 photograph (if available) of the person you interviewed.

## Lesson 2 Worksheet

### The Many Parts of Me

Each of us is made up of many different parts and special experiences help to form our personalities. Each event (either positive or negative) is just one piece of our self.

Directions: On each puzzle piece write a different experience that was significant in your life. If you can remember, write how old you were when the experience happened. Some will be easy to think of and others will be much more difficult. It may help you to quickly review each year of your life. For example, "When I was six my grandma came to live with us". Use key words.



## Prayer Service

Give thanks to the Lord for He is good,  
for His kindness endures forever.

(Psalm 106:1)

**Teacher:**

Dear God, thank you for the adults in our lives, let us remember that they were once our age with happy memories, good times, difficult times and aspirations. We hope that we too will grow like our parents and face changes with courage and the knowledge that you are always with us.

**Response:** Thank you God for the adults in our lives.

**Each Child:**

I enjoyed it when my \_\_\_\_\_ told me he/she liked \_\_\_\_\_.  
I thought this was funny/ sad/ amusing.

**Response:** Thank you God for the adults in our lives.

**Class:**

Thank you God for all our family members. Bless them and keep them well.

**Teacher:** We ask this through Christ our Lord, Amen.



# Lesson 3 Worksheet

## My Identity Shield

My Name: .....

Age: .....

Eye colour: .....

Hair colour: .....

*Photograph*

Name of School: .....

Teacher's Name: .....

Talents: .....

Hobbies: .....

.....

Favourite TV programme: .....

# Lesson 3 Worksheet

## My Future

Draw or write in these boxes what you want for your future.

<p>Spiritual Life/ Involvement in Church</p>	<p>Family and Friends</p>
<p>10 Years from Now</p>	
<p>Hobby</p>	<p>Something to Save For</p>
<p>Job</p>	

# Lesson 6 Worksheet

## Influences

Draw the person who influences you the most in each of these areas. You may wish to use some of the following:

- Parents
- Teachers
- Older brothers and sisters
- Sport stars
- Advertisements
- Pop stars
- Friends - or someone else!

My Pocket Money

My Appearance (hair/clothes)

Who I hang out with

My health (food, exercise,  
smoking, alcohol)

Music I listen to